

MESEISET

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EPIDEMIC DISEASE ON CHUUK CAMPUS

PLAGIARISM! by Alton Higashi

There is a major disease on Chuuk Campus, and it is an epidemic. It is called plagiarism — a disease in the minds of some students on campus. Estimates of this student disease range from a conservative 10% to a horrifying 99% of all Chuuk Campus students. According to open discussions by students themselves in three classes on July 2, plagiarism occurs for three major reasons.

- First, plagiarists do not have enough time to complete their writing assignments, and so they “cut and paste” from Internet sources.
- Second, plagiarists are just too stupid or lazy, and so they do not care to learn and apply English-writing rules.
- Third, plagiarists are not afraid to plagiarize. After all, they are rarely, if ever, punished for breaking the rules.

(continued on page 2)



FOLLOW-UP ON EARTH WEEK

Do you remember our campus' Earth Week activities April 21-25? One activity was the poster contest, and the winning entry, as shown below, was by Anster Cruz. Belated congratulations to Anster.



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CRE-SPONSORED, COMMUNITY-BASED TRAINING in Agriculture and Economic Development (WSARE)

by Lolita Ragus and Calvin Assito

CRE Chuuk Campus sponsored a special training program May 26-30, 2014, for 26 participants, including farmers and teachers, as well as government and non-government representatives. The training program was called WSARE, or Western Sustainable Agriculture and Education.

The program's objectives were two-fold: (1) to increase farmers' ability to enter the market economy, and (2) to provide quality produce with assured food safety standards. Discussion focused on three topics: farm management and records, production of top-quality produce for market sales, and food safety.

Trainers were Dr. Robert Barber (University of Guam, Agriculture and Economy), Jim Hollyer (University of Hawaii, Food Security), and Frank Cruz, University of Guam, Agriculture). Training participants learned new practices for Chuuk's plan to help subsistence farmers transition to the market economy. They hope to implement new farming strategies in Chuuk, such as A-framing, sheet mulching and food safety.

For more information, interested persons should contact our CRE staff at 330-2911 or 330-2913. Φ

[CRE is COM-FSM Chuuk Campus' Cooperative Research and Extension. Dr. Ragus is a CRE researcher for its Agriculture Experiment Station, and Calvin Assito is CRE's Community Resource Development Agent.]



Robert Baker



Jim Hollyer



Frank Cruz

Photo Credits: Calvin Assito

THANKS TO THE DONORS OF THE EARTH WEEK POSTER-MAKING CONTEST

COM-FSM Chuuk Campus expresses its sincere gratitude to the following donors of the Earth Week poster-making contest April 21-25:

Ace Office Supplies, AWM Enterprise,
Bernie's Store, Pomika Sales,
SAMI's Store, Sunrise Restaurant,
Truk Stop Hotel and Restaurant,
and an anonymous businessman for his monetary donation of \$100.

Thank you very much! Φ

PLAGIARISM *(continued from page 1)*

A recent case of plagiarism was found and proven on July 1. On a rubric of 30 points maximum, a student was scored on his English writing with a score of zero. Word for word in his writing was plagiarized from an Internet article. The student was given a letter grade of FF — not just one F but a double whammy!

The instructor, in the case above, submitted the review checklist/evaluation to the student writer and wrote the following comment: *"plagiarized from the title to the last sentence!"*

Is this how Chuuk Campus students do their assignments? Is this student learning? Φ

MY PERSONAL PHILOSOPHY, by Emson Kannys

TOPIC = KINDNESS

Kindness is a human characteristic of goodness – a way to feel toward others and a way to do something to help other people. Feeling good and doing good – that is the two-step process of human kindness. That is the kind of kindness in the heart and in the body, but not always in the mind. In other words, the heart, or feeling, takes the first step. Then, the body, or action, takes the second step.

Read what two poets and one philosopher said about human kindness. The first was poet William Wordsworth (1770-1850): *“On that best portion of a good man’s life, His little, nameless, unremembered, acts of kindness and of love.”* The second was poet W.H. Davies (1871-1940): *“I love thee for a heart that’s kind – Not for the knowledge in thy mind.”* The third was philosopher Francis Bacon (1561-1626): *“If a man be gracious and courteous to strangers, it shows he is a citizen of the world”* and *“In charity there is no excess.”*



Wordsworth



Davies



Bacon

METAPHYSICS (Ontology)

- Anthropology
- Theology

In my personal philosophy, human kindness is both anthropological and theological. After all, it is the Nature of Man to be good to others. I am sure, however, that some people do not live kind lives. They are hateful people. It is also the Nature of God to want us to be good to each other. Unfortunately, some people do not show the Christian virtue of kindness and love.

In truth, we need more kindness in our world of war and hatred. How can we increase kindness and decrease hatred?

EPISTEMOLOGY (Sources of Knowledge)

- Empiricism
- Logic and Reasoning
- Intuition
- Undisputed Authority

In Chuuk, kindness means “kirékiréech”. We show kindness by giving not only food and money but also time, ideas, and work. Give what you can, and save enough for yourself. That is the Chuukese way, and it is good. That is, it was good. Chuukese traditions have changed – for the worse – including the idea of being unkind. What is sad is how too many Chuukese pretend to be Christians but, deep in their hearts, they do not believe in the Holy Bible, such as Matthew 25:35-36 and Luke 10:33-35. These are the well-known stories of Jesus Christ’s advice to his disciples at the Mount of Olives, and of the Good Samaritan.

(continued on page 4)

MY PERSONAL PHILOSOPHY *(continued from page 3)*

And do you know the story of Philemon and Baucis? In Roman mythology, two gods Jupiter and Mercury walked as poor people among strangers in Phrygia (Anatolia, or Turkey). A husband and wife Philemon and Baucis welcomed them into their home for food, drink, and rest. The couple did not know the gods' identities. Later, the gods told Philemon and Baucis who they really were and offered the couple whatever they wanted. The husband and wife did not want money or riches. They explained how the virtue of kindness is its own reward. All the same, Philemon and Baucis asked for one thing: that, someday, they die together at the same time. Wow!



It is not hard at all to find stories of kindness throughout the world – in different cultures and in world history. We have our own stories of Chuukese kindness, and yet we see kindness declining in our daily lives and slipping into the darkness of our minds.

AXIOLOGY

So, my personal philosophy is very practical, and we must call on all parents, teachers and other educators, priests and ministers, as well as leaders, to do just one thing – teach children stories of human kindness. Every day at home, parents must tell stories to their young children about how individual people show kindness to others. In school teachers must also tell similar stories to students. Church leaders must share stories of kindness from the Holy Bible at least once a week. I also call upon the Department of Education to produce and publish books – with short stories – that describe how human kindness is good. The stories can be Biblical, traditional, and even fictional. The theme must focus on being kind toward other people. This is the central idea of my philosophy.

Value Systems

- (1) revival of kindness
- (2) practical kindness

PHOTO ALBUM: STUDENTS' POWER-POINT PRESENTATIONS

(in Deva Senarathgoda's class in EN 120a, Expository Writing I)



(1) One fine day students in Deva's EN 120a class met in the media center classroom to demonstrate power-point presentations. Here they are, waiting for their chance to make their presentations.



(2) Students presented a power-point project entitled "**Littering on Weno**". They did their research, took digital pictures of the problem on Weno, put their work into visual format, and presented it to their classmates.

(3) Another group did a presentation on "**Uncleanliness of the Environment**". They discussed how people create their own unclean and unhealthy environment. They wanted to encourage everyone to be responsible for cleaning up the environment.

(4) The next group discussed a social issue called "**Teacher Absenteeism**". It was a hard-hitting topic which identified causes and effects. After all, when teachers are absent from their duty stations, the effects are the victimization of students, the lack of student learning, and the loss of future development in education.



(5) The students pose with their instructor after successfully completing their power-point presentations.

*Photo Credits: Akius Herman
and Deva Senarathgoda*



10x10 WORD SEARCH by Keoni Hauk and Ercy Kosam (SS 125)

I	I	A	W	A	H	A	G	E	N
T	D	E	T	R	O	P	X	E	A
A	V	E	R	A	G	E	T	L	U
B	U	A	N	I	W	A	O	N	R
I	O	L	A	T	H	F	A	E	U
R	T	U	O	P	I	H	A	T	T
I	A	N	S	L	I	F	N	A	H
K	G	O	T	R	E	C	I	F	E
A	H	A	G	A	T	N	A	E	I
P	R	A	W	N	O	I	G	E	R

This word search by Keoni and Ercy has 19 words, each with five letters or more. Find and circle all 19:

AGRIHAN
ALOFI
AVERAGE
EFATE
EXPORTED
HAGATNA
HAGEN
HAWAII
IDENTIFIER
KAUAI
KIRIBATI
LOLUA
NAURU
PHOSPHATE
PRAWN
RECIFE
REGION
THEIR
TONGA

CAMPUS ABBREVIATIONS

We use various abbreviations on campus. Do you know what they stand for? For instance, VPAS = Vice President for Administrative Services, and CRE = Cooperative Research and Extension (the Land Grant Program).

Now, what do the following abbreviations stand for?

- | | |
|----------|------------|
| (1) VPSS | (6) HCOP |
| (2) FMI | (7) MITC |
| (3) LRC | (8) FAFSA |
| (4) ACE | (9) TSWBAT |
| (5) BOR | (10) I♥U |

That was easy. Find the correct answers on page 10. ☺

SPECIAL DREAM ANNOUNCEMENT

We should have a **BLOP** award on campus: “Best-Looking Old People”. Here are the first nominees:



EAT THE RAINBOW: Part 2

by CRE's Lolita Ragus

[Editor's Note: In Part 1 we saw how obesity can cause major health problems. What kinds of health problems? The big ones are diabetes, heart attack, and high-blood pressure. Part 2 now offers a number of solutions.]

- (7) Obesity is preventable **without** medication. There are two ways, according to the Chuuk State Department of Health Services' "*Only in Chuuk: NCD Strategic Plan 2012-2017*". First, good eating habits. Second, daily physical activity.
Remember: NCD = non-communicable disease.

- (8) The Department of Health Services distributed this poster as a guide to be strong and healthy.

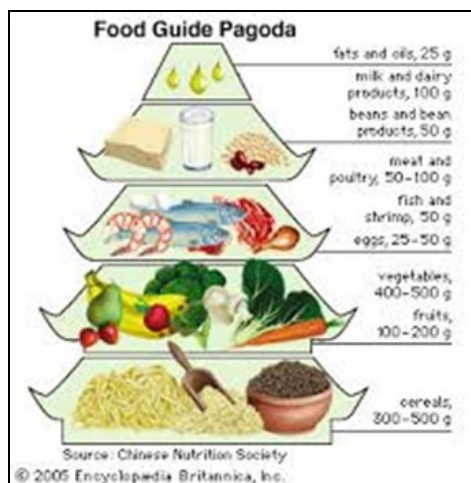
Look at the star on #4 (Eat your fruits and veggies). What is so important about eating more fruits and vegetables? Because they are loaded with vitamins, minerals, fiber, and antioxidants —

- to strengthen your **immune system**
- to lower your risk for certain cancers
- to help ward off type-2 **diabetes**
- to reduce **high blood pressure**
- to prevent some eye diseases
- to maintain urinary tract health
- to maintain **heart health**
- to improve **memory**
- to help build strong bones and teeth



[Source: http://www.uhc.com/source4women/health_wellness_tools_resources/nutrition/rainbow_of_fruits_vegetables.htm.]

- (9) Eating more fruits and vegetables is a world-wide campaign.



CHINA



NEW ZEALAND



AUSTRALIA



UNITED STATES



UNITED KINGDOM

(continued on page 8)

EAT THE RAINBOW — (continued from page 7)

- (10) “Eating the rainbow” refers to choosing fruits and vegetables of every color in the rainbow. The vibrant colors tell the story of their super-powers.

In science, the rainbow = ROY G. BIV = Red, Orange, Yellow, Green, Blue, Indigo, Violet

In foods, the rainbow = R-O-Y-G-B-P = Red, Orange, Yellow, Green, Blue, Purple

[Remember: Purple combines Indigo and Violet.]

(11)

RED



Helps your body...

- ♥ Keep your heart healthy
- 👉 Keep your bladder healthy
- 🧠 Keep your memory strong
- ⚡ Lower your chance of getting cancer

You should try:

tomatoes	strawberries	red onion
red peppers	cherries	red apples
red cabbage	watermelon	

Source: U.S. Department of Agriculture.

(12)

YELLOW & ORANGE



Helps your body...

- ♥ Keep your heart healthy
- 👁️ Keep your eyes healthy
- ⚡ Lower your chance of getting cancer
- 👂 Keep you from catching colds

You should try:

carrots	pineapples	mangoes
sweet potatoes	papayas	oranges
yellow peppers	cantaloupes	lemons
pumpkins	tangerines	

Source: U.S. Department of Agriculture.

(Part 3 will continue in the next issue of Meseiset.)

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STUDENT WRITINGS

on A SUNNY DAY

(EN 201, Introduction to Literature)
(Instructor Deva Senarathgoda)

*I woke up one sunny day
And paused for a moment,
Thanking the Lord above.
I longed for nothing else,
Except to see that special someone
That sunny day.*

by Stella Kesemochen

*On a sunny day
Children have fun and play in the sun.
Many ride bikes, while others go on hikes.
On a sunny day
Teachers go to the beach and forget to teach.*

by Janeva Joseph

*Today is a sunny day,
Windy and beautiful.
The sun shines very bright.
All the trees move from side to side.
Today is a sunny day,
Windy and beautiful.*

by J-Ritz Jack

*Here comes a sunny day,
A beautiful and sparkling day!
I feel relaxed and comfortable.*

*The sunny day
Makes my mind chase imaginations,
Makes me want to sleep,
No, makes me want to go swimming.
Oh, what a wonderful sunny day —
Makes my body
Feel warm and strong!*

by Dalinda Jack

*I need a sunny day
To relax.
The sun will smile,
A small breeze will blow.
And, in the shade of a tree,
I need a sunny day.
Come quickly, I will wait.*

by John Berdon

*My body is wet like dew.
I take my handkerchief and wipe my body.
I wear short pants and sunglasses.
I go to the beach and play volleyball.
My body needs a cup of ice water;
My body feels like burning charcoal,
Turning dark on a sunny day.*

by Suffer Ewen



CAMPUS ABBREVIATIONS (page 6)

- (1) VPSS = Vice President for Student Services
(2) FMI = Fisheries and Maritime Institute
(3) LRC = Learning Resources Center, or better known as the library
(4) ACE = Achieving College Excellence
(5) BOR = Board of Regents
(6) Health Career Opportunity Program
(7) Media and Instructional Technology Center
(8) Free Application for Federal Student Aid
(9) TSWBAT (as used in SLOs in Alton High School's courses) = "The student will be able to"
(10) I ♥ I = I Love You!

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