College of Micronesia-FSM Student Life

2nd Annual Student Body Association Officer Leadership Retreat Outcome Report



Accept The Challenge

COM-FSM Chuuk Campus Sunday, September 16 – Friday, September 21, 2018

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INTRODUCTION

"Accept the Challenge." This was the theme for COM-FSM's second annual SBA Leadership Retreat. Held at Chuuk Campus in Weno, Chuuk, the retreat brought together nine student representatives from five COM-FSM campuses, for a week of leadership discussions, presentations, and activities.

Focused on the theme, the retreat provided participants with the opportunity to further explore the roles they play within the larger COM-FSM community, discovering what it truly means to accept the challenge as leaders. With the assistance of a variety of guest speakers, and through the implementation of activities and group discussions, participants were encouraged to model their behavior and actions, as student leaders, after the following: to serve the interests and needs of the larger student body, acting as a voice for the collective; to lead the student body forward throughout the academic year, setting a good example and initiating positive change; finally, to inspire the student body to take an active role within the campus community.

Throughout the retreat, participants had many opportunities to work together in identifying new college-wide initiatives, in creating plans to host college-wide events, and in holding lively discussions on concerns specific to their campuses. These activities allowed participants the chance to collaborate, share ideas and build cross-campus connections, helping to ensure the formation of positive relationships, and allowing for open lines of communication that will extend into the Fall 2018 semester and beyond.

What follows is an overview of the retreat and the outcomes it produced. As a group, the participants identified six main initiatives and goals that they would like to move forward with throughout the year, as a collective. Additionally, representatives from each of the campuses identified at least two initiatives that they would like to explore with their respective student bodies, along with ideas or areas of concern that they would like to address. Participants also had the opportunity to propose updates to the SBA Constitution and assigned students to appropriate COM-FSM committees, as needed. The results of which can also be found in this document.

In short, the SBA Leadership Retreat was very successful in many regards. As is evident in the student testimonials, included in this report, participants were able to advance their leadership skills and knowledge; they were able to identify and begin implementing new initiatives; and finally, they were able to make connections, form bonds and unify as one. The level of dedication, engagement, and energy that the participants brought to the retreat exceeded all expectations. Moving forward, it will be exciting to see what they, as student leaders, are able to accomplish, given all that they have already achieved.

SBA Officer Leadership Retreat COM-FSM Chuuk Campus, Chuuk September 16 – 21, 2018

"Accept the Challenge"

Sunday, September 16

8:30AM – 9:30AM	Breakfast
10:12AM	Yap & FMI Students Arrive
10:30AM - 12:30PM	Check into Hotel & Get Settled
12:30PM - 1:30PM	Lunch & Introductions
1:30PM - 2:30PM	Name Games, Daily Schedule Overview, Expectations of Retreat,
	Leadership Qualities Activity
2:30PM - 5:00PM	Leadership, Communication, Teamwork Activities
5:00PM - 6:30PM	Dinner & Daily Debrief

Monday, September 17

7:00AM – 8:00AM	Breakfast, Daily Schedule Overview & Reflection
8:00AM - 8:30PM	Meeting with Dean Kind Kanto
8:30AM - 12:00PM	Island Excursion
12:00PM - 2:00PM	Lunch
2:00PM - 5:00PM	Expectations of SBA Officers, Responsibilities of Positions, Student
	Organizations, Committee Assignments & Monthly Meetings
5:00PM - 6:30PM	Health & Nutrition Presentation
6:30PM - 8:00PM	Dinner & Daily Debrief

Tuesday, September 18

7:00AM - 8:30AM	Breakfast, Daily Schedule Overview & Reflection
8:30AM - 11:30AM	SBA Government Structure & Student Handbook
11:30AM - 1:00PM	Lunch
1:00PM - 2:30PM	Title IX & Bystander Intervention Training
2:30PM - 3:30PM	Teamwork Games/Activities
3:30PM - 4:30PM	Campus Initiatives & Goals
4:30PM - 6:00PM	Campus Calendar of Events & Activities
6:00PM - 7:30PM	Dinner

Wednesday, September 19

7:00AM – 8:00AM Breakfast, Daily Schedule Overview & Reflections

8:00AM – 10:00AM Presentation on Human Trafficking

10:00AM – 11:30AM BOR Meeting Prep/Professionalism Workshop

11:30AM – 12:00PM Prep for Induction Ceremony

12:00PM – 1:00PM Induction Ceremony

1:00PM – 3:00PM Lunch & Final BOR Meeting Prep

3:00PM – 6:00PM Leadership Movie Showing & Discussion

6:00PM – 7:30PM Dinner and Daily Debrief

Thursday, September 20

7:00AM – 8:30AM Breakfast, Daily Schedule Overview & Reflections

8:30AM – 12:00PM Board of Regents Meeting

12:00PM – 1:30PM Lunch

1:30PM – 2:30PM Travel to Blue Lagoon Resort

2:30PM – 6:00PM Final Debrief & Reflections, Team Games, Free Time

6:00PM – 7:00PM Dinner at Blue Lagoon 7:00PM – 8:00PM Travel Back to High Tide

Friday, September 21

7:00AM – 8:30AM Breakfast & Check Out

8:30AM Travel to Airport for Kosrae & Pohnpei Students

10:00AM – 11:00AM Chuuk Visitor's Bureau

11:00AM – 12:00PM Hotel Free Time

12:00PM – 1:30PM Lunch

1:30PM – 2:30PM Travel to Xavier High School

2:30PM – 4:30PM Historical Explorations 4:30PM – 5:30PM Travel Back to High Tide

5:30PM – 6:00PM Hotel Time

6:00PM – 8:00PM Reception with BOR

PARTICIPANT LIST

Chuuk Campus

- Ryian Raymond, SBA President
- McArthur Marar, SBA Vice President
- · Lilly Koichiro, SBA Secretary
- Rini Houmeang, SBA Treasurer
- JT Nonumwar, SBA Chaplin

Career Technical Educational Center

Virginia William, SBA President

Fisheries & Maritime Institute

• Kipier Lippwe, FSM-FMI Corps Commander

Kosrae Campus

Leeson Linus, SBA President

National Campus

· Kenye George, SBA President

COM-FSM Lead Staff

- · Krystilyn Atkinson, Director of Student Life
- Chelsea Rion, Student Activities Specialist
- Wilson Bisalen, Chuuk Student Services Specialist
- Juan Santos, Publications & Graphics Specialist

Collaborators

- FSM Department of Justice, Chuuk State
- Xavier High School

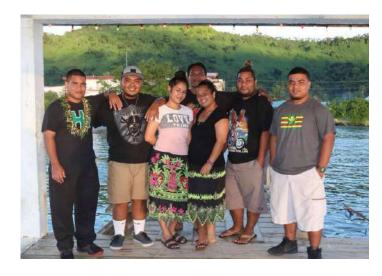
OVERVIEW

Sunday, September 16th

The retreat began Saturday afternoon, after the arrival of the final participant from FSM-FMI in Yap. Activities held that day began with initial introductions and an overview of the week; this overview aimed to highlight the purpose and expected outcomes of the retreat, as well as, the expectations of all retreat participants. This was followed by a series of leadership and teamwork activities, as well as, problem solving exercises that were meant to provide participants the opportunity to get to know one another and become more comfortable. Specific emphasis was placed on leadership skills and qualities, with student identifying those qualities and skills that they felt were most important for leaders to possess. The workshops ended with a daily debrief, a series of reflections questions and discussion topics focused on the day's events and activities.







Monday, September 17th

Monday began with a quick meeting with Dean Kind Kanto of Chuuk Campus, where students had the opportunity to introduce themselves. This was followed by an island excursion, during which time students had the opportunity to explore a few of the islands within the Chuuk lagoon and learn about their historical significance throughout Chuuk's recent past. Following lunch, the participants partook in a series of workshops centered on a variety of topics. Individual SBA roles were explored in depth, with participants compiling a complete list of responsibilities for each position, as well as, the skills, knowledge, and experience needed to be successful in those roles. Following this, discussions were held on the importance of student organizations, with many student officers putting into place plans to expand and/or implement various organizations at their respective campuses. Lastly, a presentation on health and nutrition was provided.







Tuesday, September 18th

The day began with a large group discussion on the SBA government structure and constitution. Participants had the opportunity to review the constitution, identifying areas that they felt required modification and updates. As a whole, final changes and edits were proposed, voted on, and passed, in efforts to ensure that the document appropriately reflects the needs of the current college-wide student body. This document will be submitted for final review and implementation. This was followed by a training on the College's Title IX policies, as well as, a discussion on Bystander Intervention methods and tactics. This was a topic many participants were interested in and felt passionate about; multiple requests were made for further training on the topic, not just for themselves, but for their peers as well. After this, the rest of the afternoon was spent working in groups to identify initiatives and goals for the upcoming academic year. Participants had the opportunity to present their thoughts, as well as, receive feedback and advice from their peers.







Wednesday, September 19th

Wednesday began with a presentation on Human Trafficking, provided by Mori Mahoney Mori, the Assistant Coordinator for the Anti-Human Trafficking Program of the FSM Department of Justice in Chuuk. Students learned about the direct impact human trafficking has in their local communities and the efforts that are being done to raise awareness. Students were very engaged and interested in the presentation, asking many questions and forming plans to implement presentations at their own campuses. Following this, time was spent on preparing students for the upcoming meeting with the Board of Regents, which also included a lengthy discussion on professionalism. After this workshop, all participants took part in an Induction Ceremony alongside regional officers from Chuuk Campus. The day ended with an afternoon movie showing and discussion of "Black Panther." Topics of discussion included leadership styles, as well as, the importance of gender and racial equality in leadership.







Thursday, September 20th

Thursday began with the Board of Regents Meeting, during which time students had the opportunity to present on their respective campuses, providing updates and highlights from students' perspectives. This was an eye-opening experience for students, as many of them had never before attended a meeting such as this. Following this, students traveled to Blue Lagoon for their final debrief and awards ceremony. During this time, final discussions were held on the College's various committees and appropriate assignments were made for student representatives, based upon scheduling and interest. Additionally, plans were put into place to hold monthly meetings, to help ensure and maintain open lines of communication and information sharing among student officers at all campuses. The night ended with a celebratory dinner, attended by many members of the College community.







Friday, September 21st

Friday morning, after the departure of students from Kosrae and Pohnpei, the remaining students had the opportunity to explore the island, the highlight of which being a visit to Xavier High School. While there, students were provided with a tour of the facilities and had the opportunity to sit down and speak with student leaders there. They discussed the challenges of being leaders within their respective communities and shared ideas and suggestions for improvements. The final night of the retreat was spent at the Board of Regent's Reception Dinner, where students had the opportunity to once again interact with various members of the College's community.







COM-FSM SBA INITIATIVES & GOALS

- To increase communication and collaboration among and between students from all six campuses.
 - Monthly meetings, via conference calls, will be held with all SBA officers and their advisors, beginning on Tuesday, October 30, 2018.
 - Online tools, such as social media and email, will be utilized to increase and maintain interaction and communication among officers.
 - The implementation of future retreats will be utilized to build and maintain bonds among officers, providing opportunities for continued collaboration
- To ensure students from all campuses have equal opportunities to voice their opinions, ideas and concerns.
 - Each campus will be represented on a College standing committee, through the participation of their SBA officers.
 - Monthly meetings will be utilized to increase committee information sharing among students and to ensure that student representatives are speaking on behalf of all campuses.
- To ensure all students have equal access to Student Life facilities and resources, for SBA and student organization purposes.
 - Each campus will have a designated space for SBA use, complete with a computer, printer, and Internet access.
 - Each campus will have a designated Student Center for student organization use, as well as, student use, in between classes and during breaks.
- To increase awareness about human trafficking in the FSM, highlighting its impacts on local communities and steps that can be taken to prevent it.
 - Each campus will hold a presentation or program on human trafficking, aimed at educating the wider student body.
 - Campuses will partner with the Department of Justice and other local community resources to provide real time information and insights on the status of human trafficking within the FSM.
- To increase opportunities for student leadership development among and between SBA officers and leaders of student organizations.
 - Leadership trainings, workshops and discussion will be held on each campus
 inclusive of all student leaders.
- To increase awareness for gender equality, highlighting the importance of programs and policies, such as: Title IX and the partnership with the Guam Coalition Against Sexual Assault & Family Violence.
 - Presentations and discussions will be held at each campus, intended to inform the student body of COM-FSM policies and the resources available to those in need of assistance

CAMPUS SPECIFIC INITIATIVES/GOALS

Career Technical Education Center

- To educate and increase student awareness about the importance of environmentalism; to host campus clean-ups that engage the entire student body and promote an end to campus littering.
- To explore further development of the campus bus stop, specifically identifying ways to ensure student safety in the evenings.

Chuuk Campus

- To explore further extra- and co- opportunities for students, such as sports tournaments and music clubs.
- To work with IT to prevent the spread of computer viruses, through a means of open communication, collaboration and information sharing; to educate students on the ways in which computer viruses are spread and their roles in preventing it.

Fisheries & Maritime Institute

- To increase student engagement and participation, in collaboration with Yap Campus, through the implementation of combined events and activities.
- To explore increased opportunities for students to partake in off-campus events, such as community events and activities held at Yap Campus.

Kosrae Campus

- To analyze and identify concerns related to student attendance and enrollment, through the use of surveys and open discussions, focused on areas such as transportation and class offerings.
- To increase student participation and engagement, through the creation and promotion of student organizations.

National Campus

- To educate and increase student awareness about the importance of environmentalism; to host campus-clean ups that engage the entire student body and promote an end to campus littering.
- To promote and increase student attendance during Forum Lectures through the use of creative announcements and faculty/staff assistance.

STUDENT COMMITTEE ASSIGNMENTS

Executive Committee

• Kenye George, President at National Campus

Student Success Committee

- Leeson Linus, President at Kosrae Campus
- Virginia William, President at CTEC

Facilities & Campus Environment Committee

• Kipier Lippwe, Corps Commander at FSM-FMI

Finances Committee

• Rini Houmeang, Treasurer at Chuuk Campus

Information & Communications Technology Committee

McArthur Marar, Vice President at Chuuk Campus

STUDENT BODY ASSOCIATION CONSTITUTION

- I. <u>Name of Organization:</u> The organization shall be called COM-FSM Student Body Association.
- **II.** Membership: Every student who is currently enrolled in the College of Micronesia-FSM as a full-time or part-time student shall be a member of this organization.
- **III. Purpose:** The purposes of this organization are:
 - A. To present the views of the students to the administration and faculty of COM-FSM;
 - B. To recommend policies relating to student conduct and behavior;
 - C. To recommend needed improvements for COM-FSM policies and procedures, in collaboration with the student body, faculty & staff;
 - D. To make recommended changes in student related services.
 - E. Duties of the Officers:
 - 1. The President:
 - a) Presides at all regular sessions of the Student Council;
 - b) Has the authority to call special meetings;
 - c) Conducts all meetings in an orderly manner;
 - d) Appoints all standing committees;
 - e) Acts as a representative of the Student Body at all official functions;
 - f) Votes to break a tie in balloting on Student Council issues;
 - g) Serves on the COM-FSM administrative cabinet;
 - h) Has the power to provide for organizational structure and procedures not ordinarily covered by the SBA Constitution with the COM-FSM administration;
 - i) Sees the provisions of the Constitution are carried out; and
 - j) Attends all committee and delegation meetings, as assigned.
 - 2. The Vice President:
 - a) Assumes all the duties of the President in his/her absence;
 - b) Is an ex-officio member of all standing committees;
 - c) Is a voting member of the Student Council:
 - d) Is the chair for the Student Involvement Team (SIT); and
 - e) Attends all committee and delegations meetings, as assigned.
 - 3. The Secretary:
 - a) Takes, distributes, and posts all minutes of Student Council meetings:
 - b) Is responsible for all necessary correspondence;
 - c) Keeps a file of all records, including the constitution;
 - d) Is a voting member of the Student Council;
 - e) Keeps an active membership roster of each delegation;
 - f) Assumes the duties of the President and Vice President in their absence:
 - g) Prepares agenda items for student meetings; and
 - h) Prepares minutes for all student body meetings and committees, as assigned.

4. The Treasurer:

- a) Keeps a record of all students' funds;
- b) Reports regularly on the status of students' funds;
- c) Is responsible for completing and submitting a mid-semester and end of semester report;
- d) Is a voting member of the Student council;
- e) Is the chair for the Student Organization Finance Committee (SOFC); and
- f) Assumes the duties of President and Vice President in the absence of the Secretary.
- F. <u>Terms of Office:</u> all officers will serve for one academic year, unless removed for cause, or upon withdrawal from COM-FSM.
- G. Removal from Office:
 - 1. Any officer shall automatically be removed from office for failure to meet the qualifications for candidacy.
 - 2. Any officer can be removed from office for any of the following reasons:
 - a) Upon recommendation of the Student Council advisor and 2/3 vote of the Student Body Association membership;
 - Resignation for personal reasons, including withdrawal from COM-FSM;
 - c) By petition of ½ of the Student Body members submitted to the Director of Student Life and to the Student Body; and
 - d) By a 2/3 vote of the Student Body Association membership.
 - 3. If student(s) are removed from office, the remaining SBA officers will select or appoint new officer(s) for vacant position(s) from the currently residing Student Council body.
- H. Qualifications for Candidacy:
 - 1. Candidate must be a member of the COM-FSM Student Body Association.
 - 2. Candidates must be returning COM-FSM students, having completed at least one semester at any COM-FSM campus.
 - 3. Candidates must have at least a 2.5 cumulative COM-FSM GPA in academics.
 - 4. Candidates must not be on academic/disciplinary probation.
 - 5. Candidates must be enrolled in no less than 6 credit hours, unless special circumstances are cleared by the Director of Student Life.
 - 6. Candidate must be enrolled or planning to enroll for the entire academic year.
- I. Election of Officers:
 - All officers shall be elected from the Student Body Association membership by a majority vote in a general election. This election will be held during the second week of the Fall Semester, over the course of three days, preferably Monday, Tuesday, and Wednesday, if the College schedule allows.
- **IV.** Organization: This organization shall include a Student Council composed of delegates from each registered student organization.

V. Student Council:

- A. The Student Council shall be made up of a President, Vice President, Secretary, Treasurer, and Delegation Leaders at each campus.
- B. The Student Council shall hold monthly meetings with their local campus representatives and monthly college-wide meetings will all campus representatives.
- C. Motions involving recommendations for policy changes must be voted on at the next subsequent college-wide meeting following its discussion or at a special meeting called for the sole purpose of making policy changes.
- D. A quorum for official business of the Student Council shall be 3/4 of the Student Council membership.

VI. Student Delegations:

- A. The Student Body Association membership shall organize itself into internally controlled, mutually exclusive, self-sufficient delegations.
- B. Delegations may be organized by state, interest group, and/or political party.
- C. Delegations shall function with a selected leader and a current membership roster on file with the Secretary.
- D. Student delegations shall hold monthly meetings.
- E. A quorum for official business of the student delegation shall be ³/₄ of the delegation membership.
- F. The delegation leader will report on the business and or requests of the delegation membership at the next Student Council meeting.

VII. Amendments to the Constitution:

In the event that an amendment to the constitution is desired, it shall be done by a petition containing signatures of at least 20% of the student body or by a vote of approval by 2/3 of the Student Body Association.

General Information for Student Council Members

Usual Order of Business (Agenda):

- 1. Call to Order
- 2. Mission Statement
- 3. Roll Call
- 4. Approval of Last Meeting Minutes
- 5. Old Business
- 6. New Business
- 7. Special Items of Business, if any
- 8. Treasurer's Report
- 9. Committee Reports, if any
- 10. Initiative/Goals Updates
- 11. Announcements/Miscellaneous
- 12. Adjournment

UPDATED: October 8, 2018

STUDENT TESTIMONIALS

Sunday, September 16, 2018

- I learned how to trust my team, communicate with others, and follow through with challenges. I learned that as leaders, we all have different ways of leading, but that is not a bad thing.
- I like that we all voiced out our opinions and thoughts about being a leader and also that we worked together as a team.
- I learned how to communicate with others, how to trust others and how we can work together as one.

Monday, September 17, 2018

- I'm starting to understand more about the position I'm in and I'm starting to understand what I have to do and what I'm responsible for.
- I loved the way we discussed about how FMI elects officers and how different our campuses are from each other. It was interesting and new.
- The Health & Nutrition presentation was helpful. It enlightened more details on what is good to eat and what those foods do to your body.

Tuesday, September 18, 2018

- Everything was great and I am so glad that my officer members heard and know what Title IX means.
- I like the discussions we made about each of our campuses and our goals for our campuses. I like the fact that we all discussed about our problems around the campuses as well.
- I like the fact that each of us are getting more and more comfortable with each other and are more open to each other.

Wednesday, September 19, 2018

- I liked the human trafficking presentation, because we were all engaged and we discussed about some solutions that will make more people be aware of this.
- The professionalism workshop was really informative and taught me how to be professional and what to do and what not to do.
- I thought all the activities were fun and informative The Induction Ceremony was
 engaging and I got to know new people. The movie was interesting and valuable to
 learn from. The human trafficking presentation was intense, but worth it for me to
 learn something new.

Thursday, September 20, 2018

- I think this whole week was a success, because we all learned a lot from each other and we are all close and connected now.
- I am very confident that I will be able to go back and share what I have learned here and to fulfill my role as an SBA officer.
- Before, I was not ready for this position. But just after this retreat, I think I can handle everything in this position.
- I will be happy if this retreat continues in the future, because it will always prepare the future leaders of our College.
- I feel better and eager to start this term's activities and end it with a memorable year.

On a scale of 1-10, with 10 representing the highest approval rating, this retreat received an overall score of **10** from the students in attendance.

